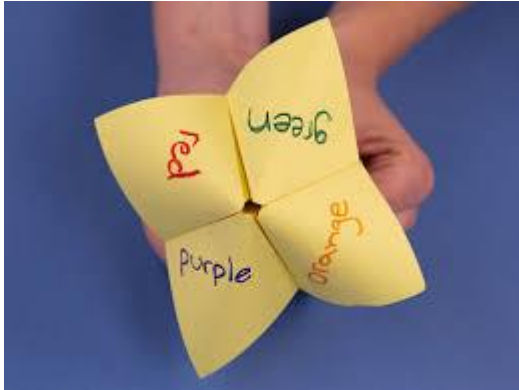


'Fortune Teller' or 'Nippy Nose' Activity

This is a good activity to do as, depending on the dexterity of individuals, there are different ways people can participate. People can make these themselves or with some help, they can help decorate them or just play the game at the end as they are fun to try out!



You Tube video *Origami - How to use and play with a Fortune Teller (Paku-Paku)* shows you how to make and play with fortune teller. Here is the link:

<https://www.youtube.com/watch?v=X1DArckNWdM>

It is a pleasant film to watch by a mother and daughter making and playing one together.

How to Play with 2 players

The 'nippy nose' is an origami game which is made through folding paper creating a hand toy – you insert your fingers into the toy and make it open and close two ways.

1. Holding the nippy nose closed you choose a colour from the colours on top.
2. You spell out the colours and move the nippy nose each time you spell out a letter.g. G-R-E-E-N
3. Stop on the last letter and ask the person to choose a number they see inside
4. Count out the number and move the nippy nose to the rhythm of the numbers. e.g. 1 – 2- 3 -4
5. Ask the person to pick another number they see.
6. Open up the section with that number on it and read out the action they need to do!

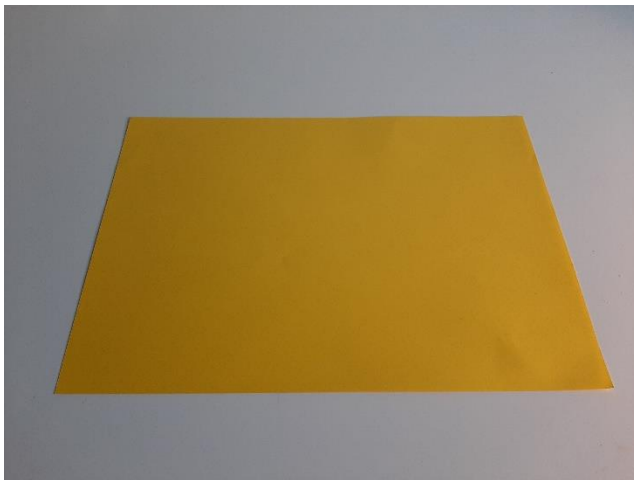
How to Make A Fortune Teller or 'Nippy Nose' Step by Step guide

The activity to make one is great for dexterity to do simple folds in paper. It is also involves making choices and can be creative in colouring it and writing the actions inside.

It can be done in an armchair at a table or with a lap tray. There are chances to fold paper slowly and move the 'nippy nose' once it is made with slow finger movements. These nippy noses can be kept to be used again and good to do with younger people too!

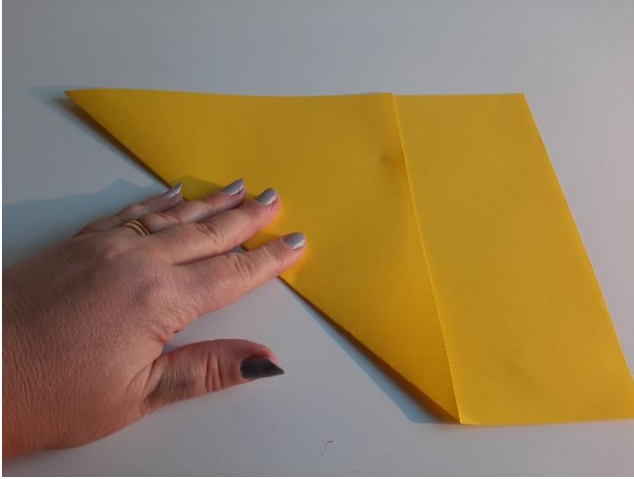
What you will need to make one:

- Piece of plain A4 paper (bright colours are best)
- Scissors
- Coloured felt tip pens or pencils



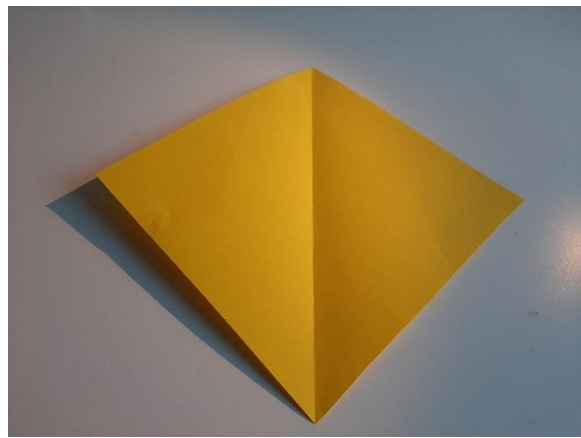
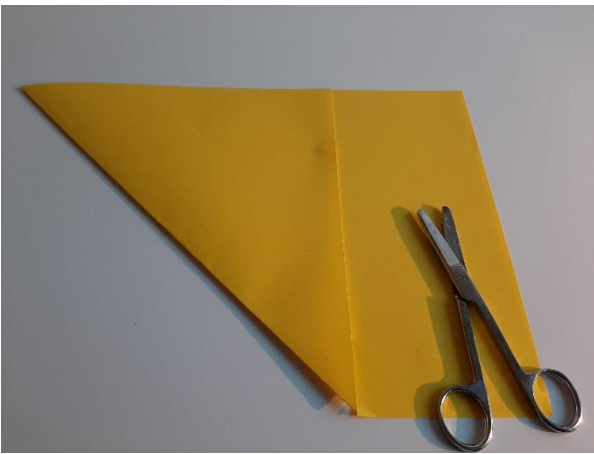
STEP 1

Take a plain A4 piece of paper and fold over from the bottom left corner to the top edge to make a triangle.



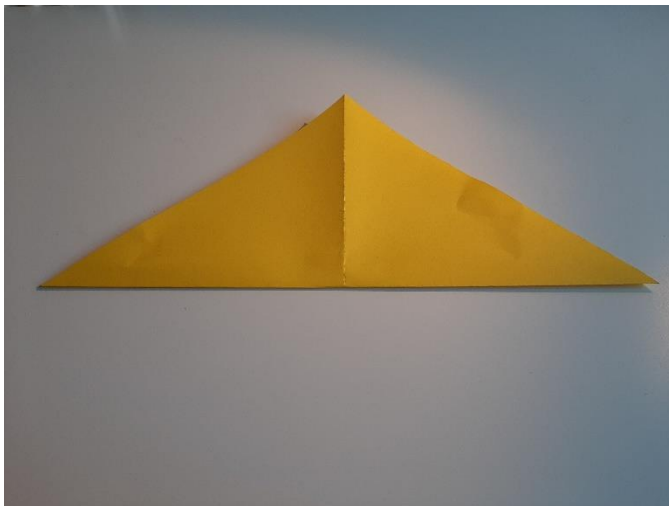
step1

Trim off the rectangular strip so that you are left with a square shape like this:



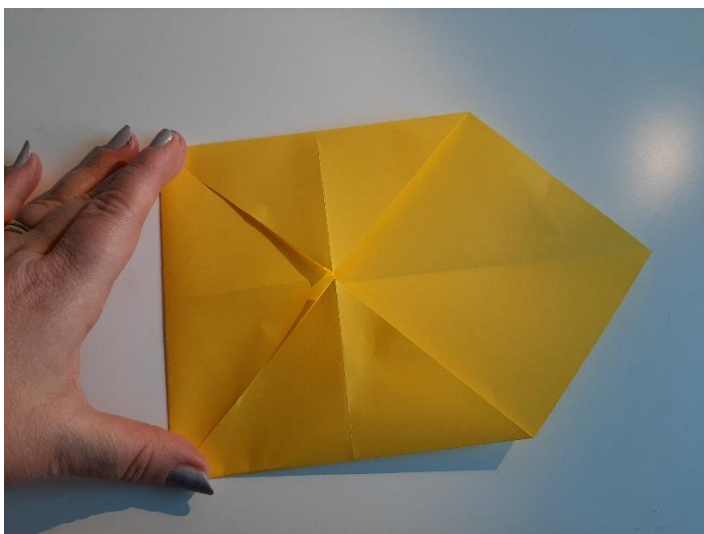
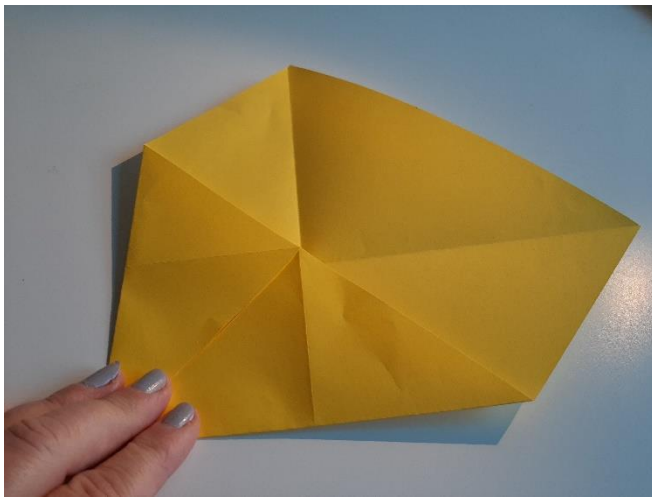
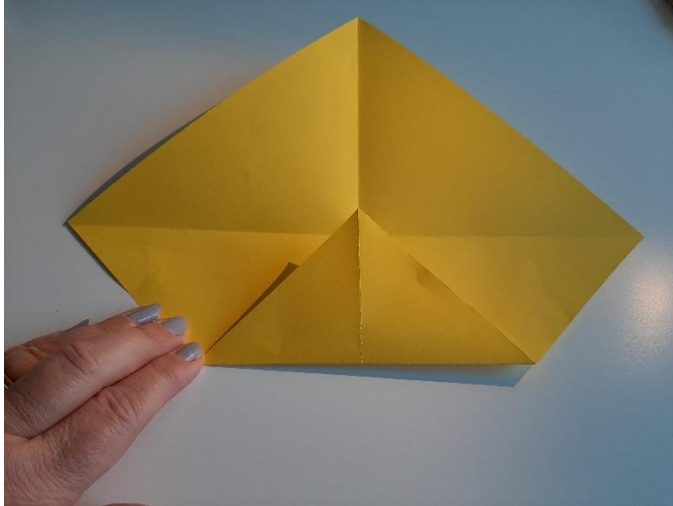
STEP 3

Fold in half so you have created creases in the square that will be your guidelines for the next folds.



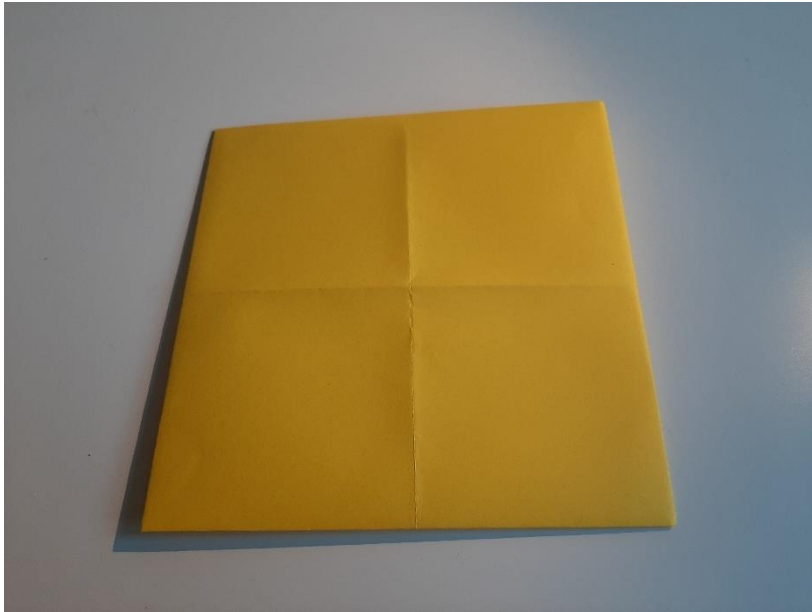
STEP 4

Take a corner and fold it into the centre line like this:



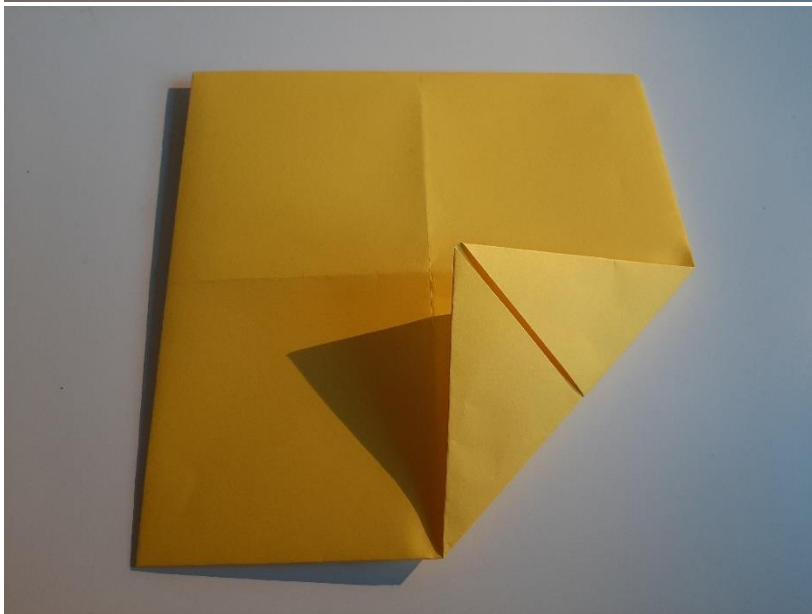
STEP 5

Fold in each corner to the centre of the piece of the paper to make four triangles. Make sure that the edges fit together well – this will make the nippy nose work well!

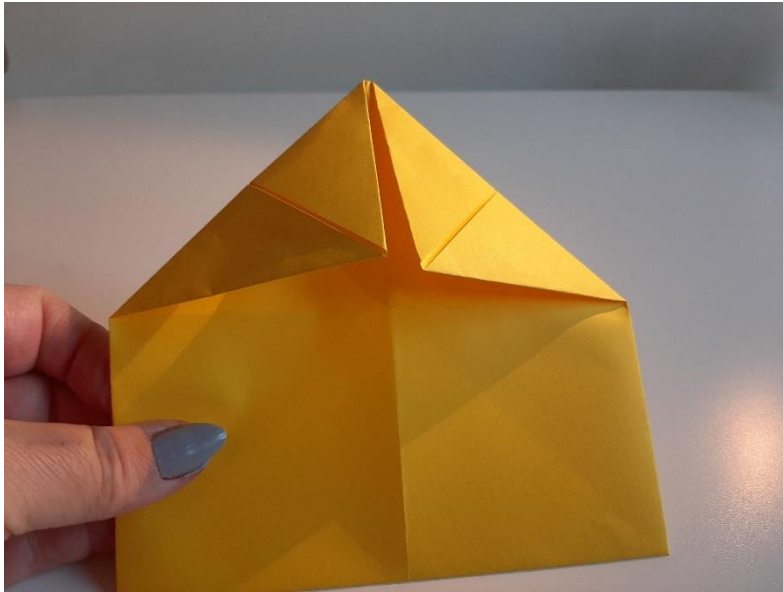


STEP 6

Turn over so that you have a square like this:

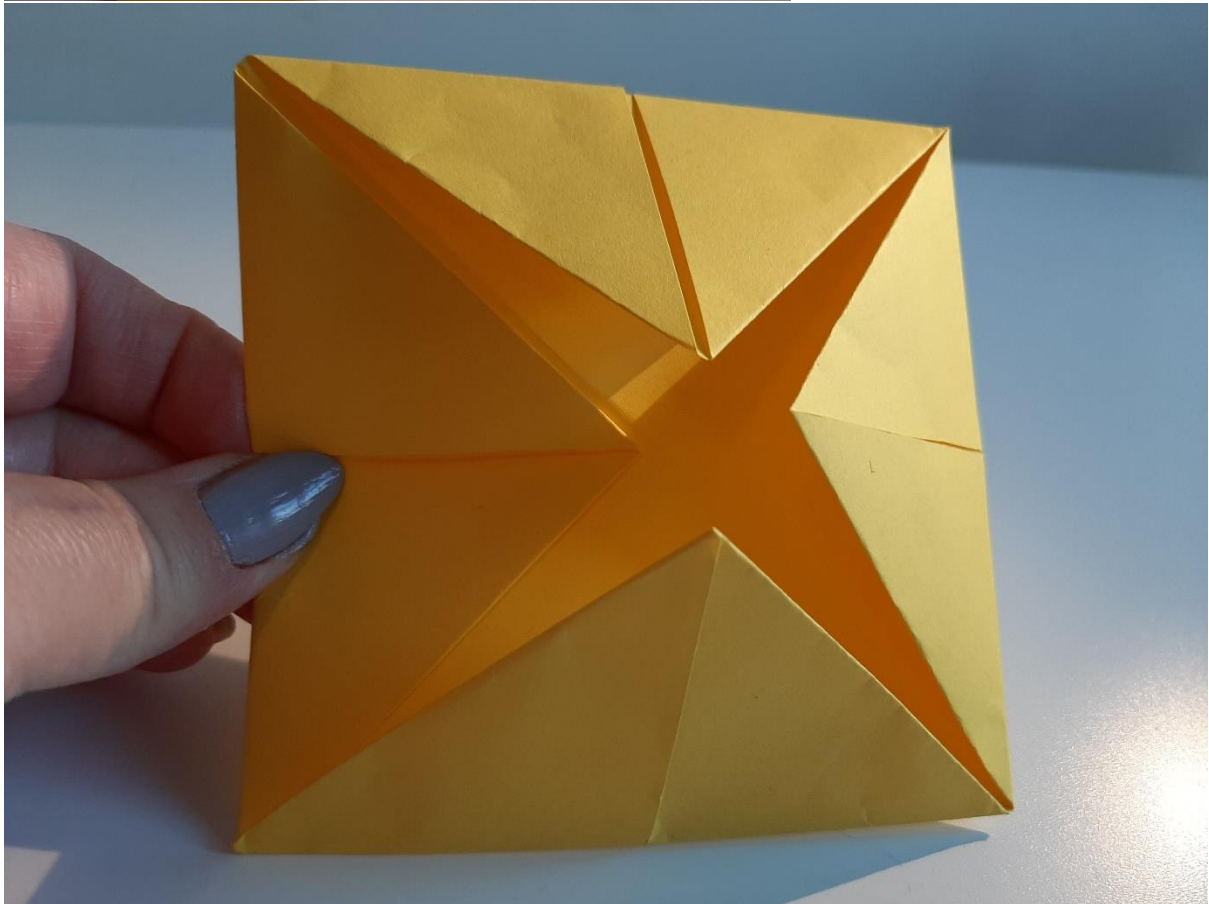


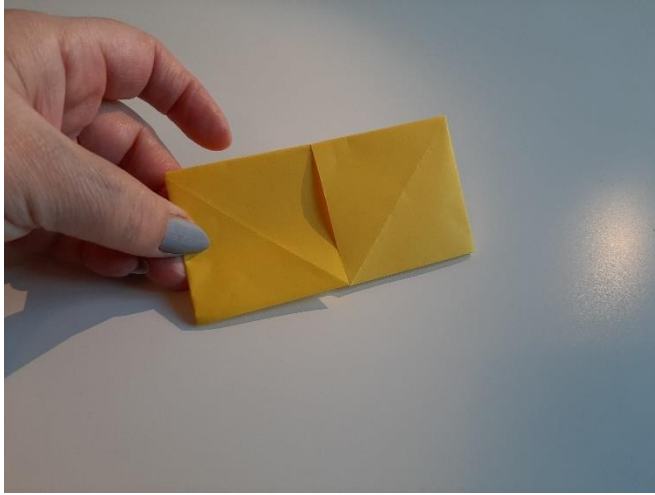
Fold in the corners to the centre one at a time



STEP 7

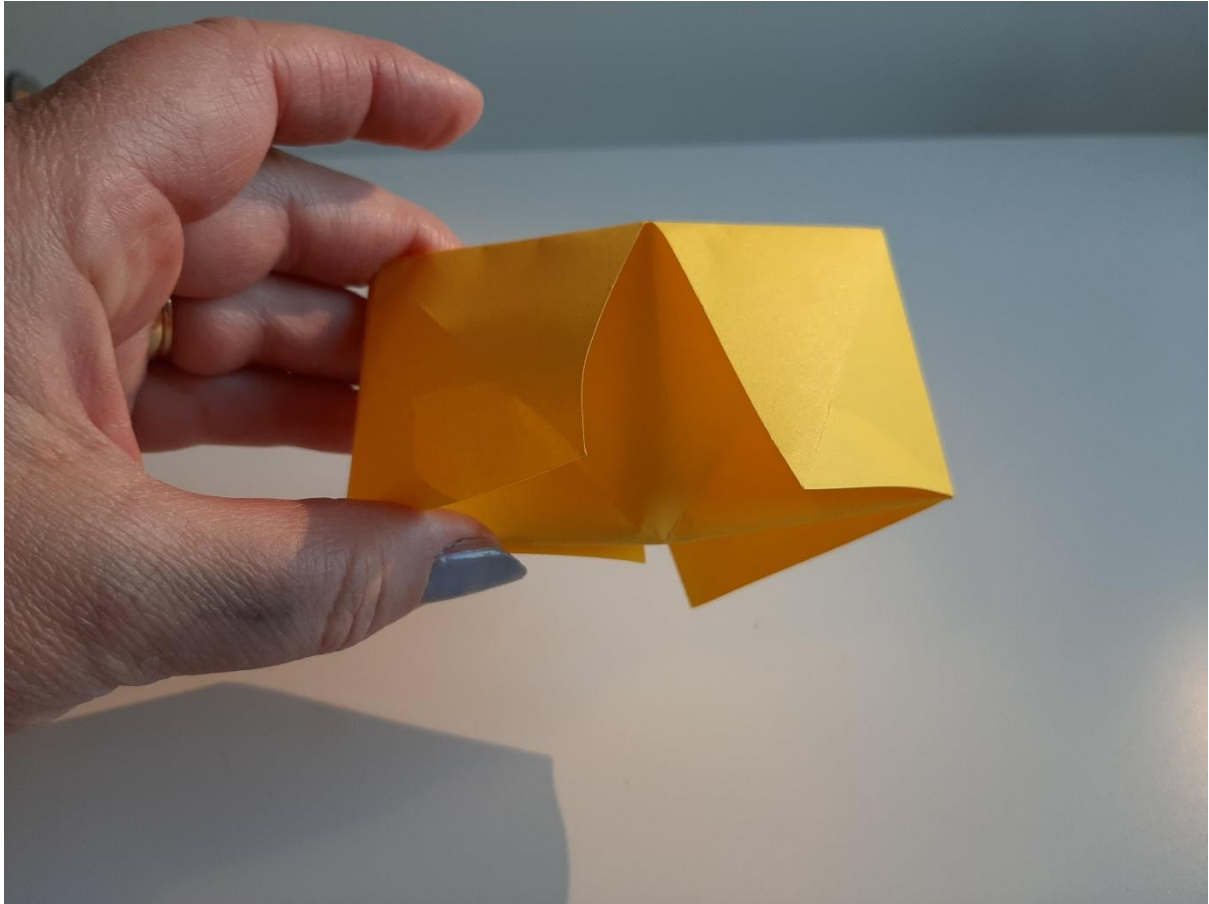
Continue to fold all corners in to you are left with a smaller square like this:

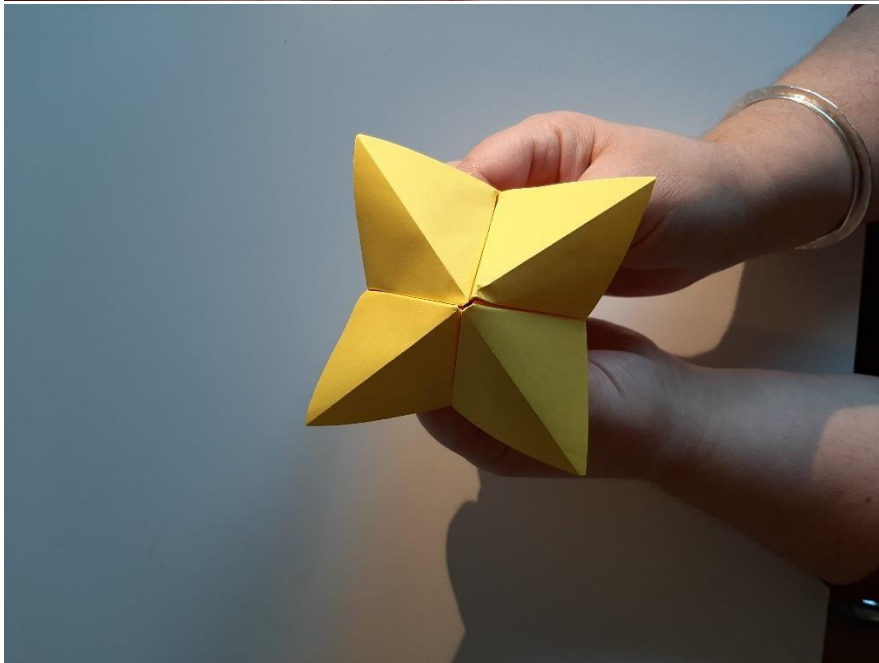
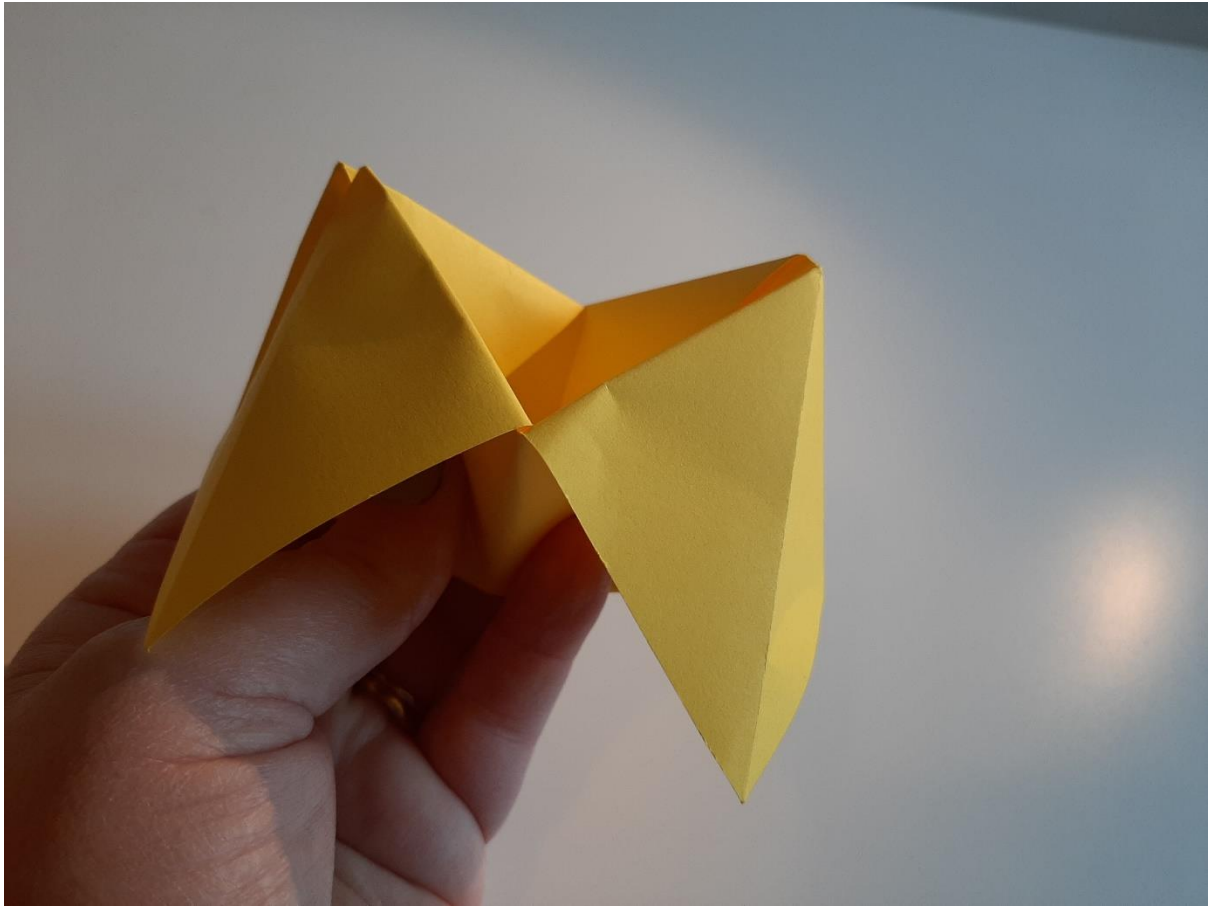




STEP 8

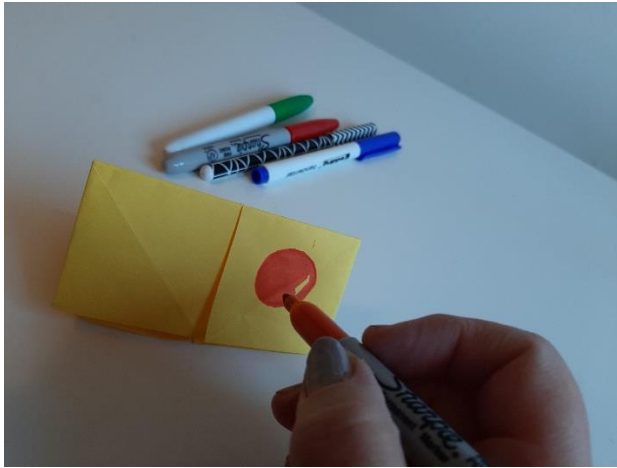
Fold the square in half to make a rectangle like this making sure that the bottom edges are open





STEP 9

Insert your finger and thumbs into each section and then you can open and close it!



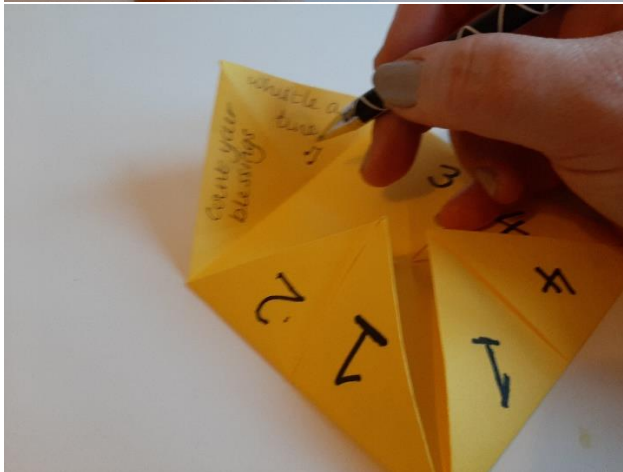
STEP 10

Choose 4 different bright colours for the outside squares



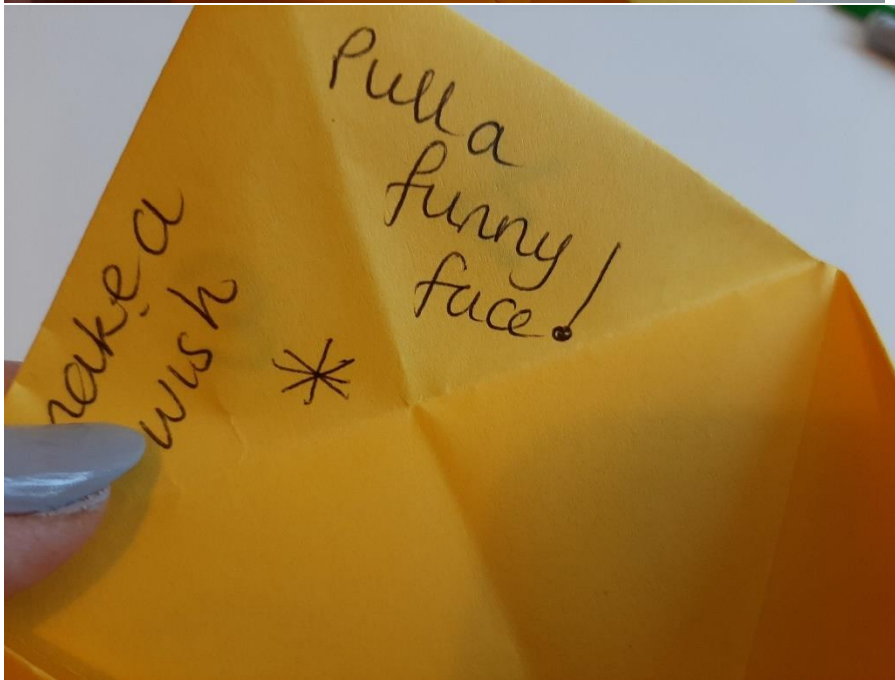
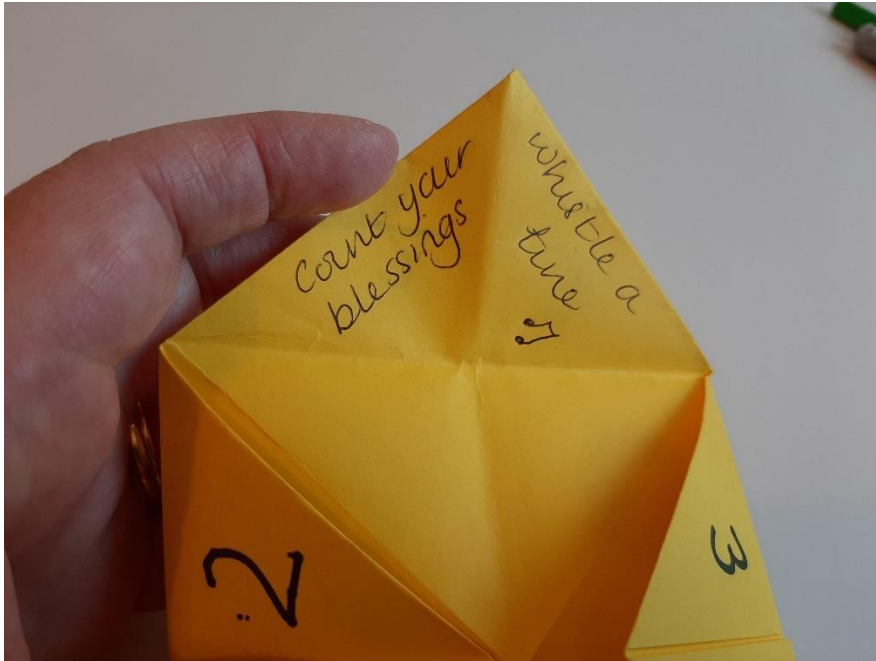
STEP 11

Write a number on each inside section



STEP 12

Under each numbered section open up and write in a message – you should have 8 altogether



If you choose to make it into a fortune teller you could add in phrases like:

- You will have a lovely day
- You will have a surprise in your life

Or you might want to make it into a game where people choose their colour number and then have an action to do that is fun and uplifting.

We chose:

- Count your blessings
- Whistle/ hum a tune
- Pull a funny face
- Make a wish
- Do a good turn today
- Sing your favourite song
- Clap your hands
- Tell a joke!

Other ideas

You might simply want to make the game using wrapping paper or origami paper which can be tailored to a particular person or season you are in. Here is a web page with free printable templates that can be used to create patterned or themed nippy noses.

<https://pyssebolaget.se/en/2016/06/14/printable-summer-fruit-fortune-tellers/>